### **BARCELONA'S TAPAS**

### TAPAS ORIGINATING FROM BARCELONA, THOSE THAT HAVE BEEN REPRESENTING US FOREVER, OR AT LEAST, SINCE THE DAYS OF MY GRAND PARENTS.

Mushroom "ensaladilla"	16 €
"Patatas Bravas"	6€
Prat Fried artichokes	6€
"Bomba" from Barceloneta	6€
Prat Roast chicken croquettes	3 € /each
Iberian ham croquettes	3 € /each
Cod fritters with honey and lemon	9€
Fried squid rings with saffron	16 €
Mussels with citric and Barcelona spices	18 €
Mushroom "julivertada"	16 €
Spanish omelet	10 €
"Trempó" omelet	12 €
Salt-crusted shrimp	9€/each
Normandy's Gouthier oysters	4 € /each
Ebro delta's Oysters	3,50 € /each
Galician Oysters	4 € /each
3 oysters tasting plate	10 €

### TAPAS OF FOREIGN ORIGIN THAT HAVE BEEN ADOPTED BY THE EARLDOM SINCE ROMAN TIME, DURING 1ST AND 2ND CENTURY

	Tapa	Portion
Iberian acorn-fed ham	22€	32€
Iberian pork chorizo	11 €	19€
Vic's Pork sausage	8,50 €	16 €
Cheese selection	8,50€	16 €
Spanish olives selection		8€
Escala "OOO - Casa Xillu" Anchovies		3 € / each
Toasted "coca" bread with squeezed fresh tomato		4,50 €

### **ENTRÉES**

S. XX	Mushroom "coca" toast "Coca" toast is one of the most antique meals, present in many cultures. Seasonal mushroom "coca" is part of Barcelona's cuisine.	21€
S.XX	Grilled seasonal greens and vegetables  Part of the Mediterranean Diet, Barcelona's orchards have four seasons, each one with an important and varied production.	24€
S.XVI	Smoked cod "Esqueixada" with "pilpil"  In Barcelona there are centenarians cod merchants "bacallaneries" in Ninot Market and in Sant Antoni Market, a part from a big variety of cod recipes.	26€
S.XXI	Ash foie gras with salsify  A different version of the Catalan dish "duck and salsify",  Reinterpretated by Carles Abellan & Bravo24 cuisine.	29€
1888	Modernist Steak Tartare From a recipe used in the city's fine dining modernist restaurants and hotels.	26€
S.XX	Lobster "bisque"  Classic Gastronomy recipe. In Barcelona, lobster is the most appreciated crustacean, also considered aphrodisiac.	33€
	RICE AND PASTA	
S.XIX	"Espardenyes" Rice Until recently, "espardenyes" (sea cucumber) was exclusively a Mediterranean fisherman sea food dish. It is, nowadays, a highly valued ingredient for haute cuisine.	39€
S.XIX	Red Prawn Rice It's usual in Barcelona to eat rice once a week, from late 19th century. Inns used to serve it on Thursdays, fishing service day off, so they could enjoy the dish.	37€
1.837	"Caputxina" Rice with seasonal vegetables Seasonal dish from Capuchin monks cuisine in Barcelona's Rambla.	24€
S.XIX	Brothy lobster rice Barcelona's cuisine has got plenty of rice recipes, lobster rice is one of the classics.	39€
1.324	Noodle casserole Medieval time recipe made with rib, nose-cone and black "butifarra", Is one of Barcelona's family dishes.	26€

### **BARCELONA'S CASSEROLES**

## STEWS AND CASSEROLES ARE A VERY POPULAR TRADITIONAL WAY OF COOKING IN CATALUNYA. HERE WE GAHTER THE STEWS WHICH ORIGIN COMES FROM BARCELONA, OR THAT HAVE BEEN INTRODUCED BY BARCELONA'S CITIZENS.

S. XVIII	Fresh fish "Suquet" from Barceloneta's fish market Typical fishermen dish that became part of high gastronomy.	34€
S. XVII	Barcelona's "fricandó"  Traditional veal and mushroom stew, that appears at first in a recipes book from the early XVII century.	28€
S.XIX	Catalan style roasted "Pilota" with truffle and free-range chicken Pork meatball stew originally served to the Barcelona's bourgeoisie during local festivities.	28€
S.XX	"Imperial" goatling shoulder with apple and baby onion  Mixing meat and fruit is typical in Catalan cuisine.  Goatling with apple appears at first in a medieval recipe book.	42€
1888	Hare "Royal"  This recipe gets incorporated in Barcelona's gastronomy after the first Universal exposition of 1888 and French influence.	36€

# FISH FROM BARCELONETA'S FISH MARKET AND CATALAN COASTAL WATERS

	1/2 portion	Portion
Shrimp D.O. Barcelona	32€	60€
Langoustine D.O. Barcelona	32 € 30 €	
Cuttlefish from delta Ebro's beaches	_	32€
Roses Sea cucumber		42€
Sole		42€
Sea bass		42€
Turbot		38€
Monkfish		32€
Squid		21 €
Lobster		S/M
Spiny lobster		S/M

#### FEATURING THE CATCH OF THE DAY FROM THE FISH MARKET

### **MEAT**

### **HOLM OAK CHARCOAL-GRILLED**

Girona veal tenderloin steak	42€
Old beef ribeye steak	90 €/kg
Wagyu beef ribeye steak (high back)	140 €/kg
Wagyu beef hamburger in the plate (250 g)	28€

### **BARCELONA'S DESSERTS**

2005	"Frutas Crú"	13 €
S. XIV	"Torrija" Romans used to make it without sugar, as they didn't know it. It was introduced later on, in medieval time, from which our recipe comes.	14€
S. XIX	"Tío Nelo" hot chocolate fritters  Classic recipe for dark chocolate-filled fritters. Tio Nelo was a local "orxateria" (tiger-nut milk shop) in Barcelona, famous for its fritters.	13 €
S. XIV	"Mel i mató"  Arnau from Vilanova, famous doctor in Middle Ages, considered "mató" (curd) a product worthy of angels. One of the most emblematic desserts in Barcelona's cuisine.	14€
S. XVIII	Chocolate "Crema Catalana"  Chocolate and cinnamon Catalan crème brûlée.	11 €
S. XIX	"Rossinyol" cheese board with jam and quince jelly Goat, cow and sheep milk Catalan cheese selection.	18€